

AUGUST 2023 INFANT LUNCH MENU 1130-0001

6-12 months

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Breast Milk or iron-fortified formula Mozzarella Cheese Stick (cut 1/4" pieces) Yams, Bananas	2 Breast Milk or iron-fortified formula Ground Chicken Green Beans Pears	3 Breast Milk or iron-fortified formula Ground Turkey Breast Broccoli Applesauce	4 Breast Milk or iron-fortified formula Grilled Cheese Sandwich (WGR, Provolone) Peas, Cooked Carrots
7 Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Bananas	8 Breast Milk or iron-fortified formula Mozzarella Cheese Stick (cut 1/4" pieces) Peas, Melon	9 Breast Milk or iron-fortified formula Ground Chicken Squash Pears	10 Breast Milk or iron-fortified formula Ground Turkey Breast Yams Peaches	11 Breast Milk or iron-fortified formula Grilled Cheese Sandwich (WGR, Provolone) Green Beans, Bananas
14 Breast Milk or iron-fortified formula Ground Turkey Breast Peas Applesauce	15 Breast Milk or iron-fortified formula Mozzarella Cheese Stick (cut 1/4" pieces), Broccoli Grapes (cut 1/4" pieces)	16 Breast Milk or iron-fortified formula Ground Chicken Peaches Green Beans	17 Breast Milk or iron-fortified formula Ground Turkey Breast Peas Banana	18 Breast Milk or iron-fortified formula Grilled Cheese Sandwich (WGR, Provolone) Yams, Peas
21 Breast Milk or iron-fortified formula Ground Turkey Breast Peas Peaches	22 Breast Milk or iron-fortified formula Mozzarella Cheese Stick (cut 1/4" pieces), Yams Applesauce	23 Breast Milk or iron-fortified formula Ground Chicken Green Beans Peaches	24 Breast Milk or iron-fortified formula Ground Turkey Breast Peas Applesauce	25 Breast Milk or iron-fortified formula Grilled Cheese Sandwich (WGR, Provolone), Broccoli Mixed Fruit
28 Breast Milk or iron-fortified formula Broccoli Bananas	29 Breast Milk or iron-fortified formula Broccoli Pears	30 EACN CLOSED	31 EACN CLOSED	

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED, PARENT'S CHOICE W/ IRON FORMULA IS OFFERED

*Solid foods are gradually introduced, all solid foods must be pureed/chopped according to the child's developmental abilities.